



# Probation officer life without hate

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# Theoretical background: socialization

- Socialization and normalization (Foucault): similarity and individuality. Tendency become similar and different.
- There is strong tendency to become similar with surrounded people character and behavior, not different from them.
- Similarity is the base of attraction. Similarity hypotheses has received more support that differentiation idea, to be unique in socialization.

# “Criminal” environment

- Correction officers work in “criminal environment” where he/she should interact with persons who have criminal history and also criminal background. Are criminals “good” psychologists, or manipulators?
- Possibility to cope with “similarity hypotheses” or let say, do not become similar with offenders personality` and behavior.

# The "BED OF PROCRUSTES"

- Procrustes was the ancient champion of enforced conformity. In Greek antiquity he was a legendary highwayman who lived in Attica. He had an iron bed which he regarded as the standard of length. Because it just fit him, he concluded that every one should fit it, if not then stretch...

# Probation officer`s Procrustes bed: reality or fiction?

- Forcing someone or something to fit into an unnatural scheme or pattern. Offender personality?
- If probation officer`s bed, e.g. concept of human being does not fit offender`s personality, then he/she must be made to fit the bed.
- It (stretching) may be very painful for both interacting person, and hard to predict success of fitting to the probation officer Procrustes bed.





# Life without the bed of Procrustes

- My hypothesis is that work without hate and limited use of power is the main tool which helps to prevent becoming similar with offenders.
- What is hate? And what means to work without hate, should you love your work target,- **former criminal?**

# Theories of Hate and Hostility

- **Freud:** inborn aggressiveness, and death instinct, destruction urge (Thanatos).
- **Jung:** Evil may be a component of all humans. Important to recognize inner evil, then to control
- **Milgram:** The power of the situation. Hard not to stretch, to use bed of Procrustes

# Robert Sternberg: Three components of hate

- **Negation of Intimacy:** Repulsion and disgust.
  - Seek distance from target. Your life is very different from offenders lives.
- **Passion in hate:**
  - Intense anger or fear in response to threat.
  - May be a part of the fight or flight response.
- **Decision/commitment to hate:** Devaluation through contempt.
- **Devalue offenders so that they become “less than human.”**
- **Hate as the antipode of love😊 .**

# Fight against hate as love

- **Self observation.** Observe how frequently you use power what is derived from different positions of probation officer and offender in society. Try minimize power usage.
- Try to decrease attitude that offenders are “**less human than I am**”. Find human “things” in offender.
- **Control your anger/** fear in relationships with offenders, do not fight with offenders, of course flight is bad story.
- Try to **decrease distance between yourself and offender.** I do not request love, only human respect and dignity.

# Fight is hard, make peace, try to control evil as Kalevipoeg did!

- Every human being has something positive, and evil (Jung).
- The idea to control, not destroy or kill evil.
- The probation officer main task is to control a little bit offender's behavior to develop self regulation and coping skills.

