



# Technical ingredients for risk reduction in probation

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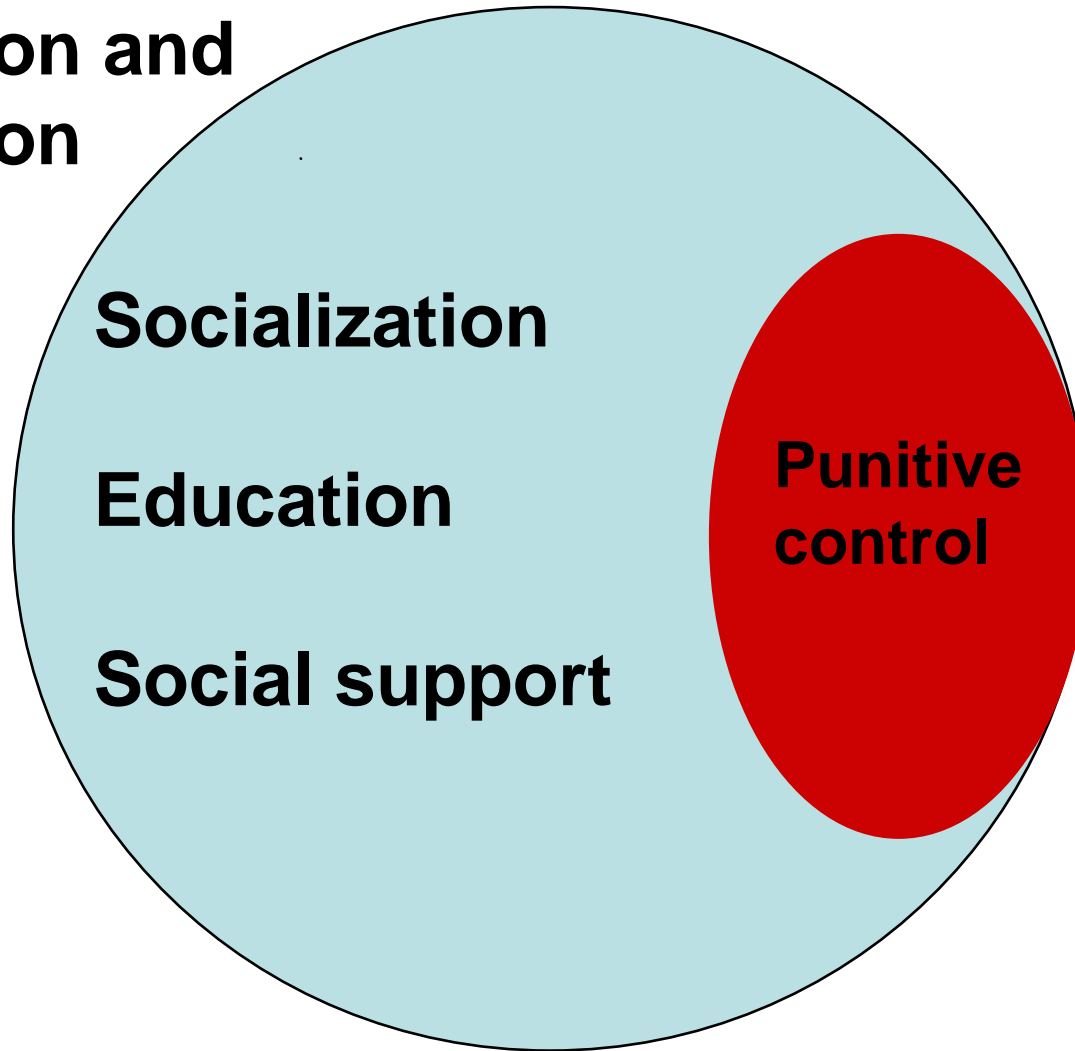
1. Social integration and criminal policy
2. Technical ingredients for individual risk reduction
3. Risk prediction
4. Promotion of alternatives



# 1. Social integration and criminal policy:

Two systems: socialization and punishment

**Illustration and  
civilization**



**Less prison**

**More probation**



# Two systems: socialization and punishment

**Anti-Illustration  
and intolerance**

**Socialization**

**Education**

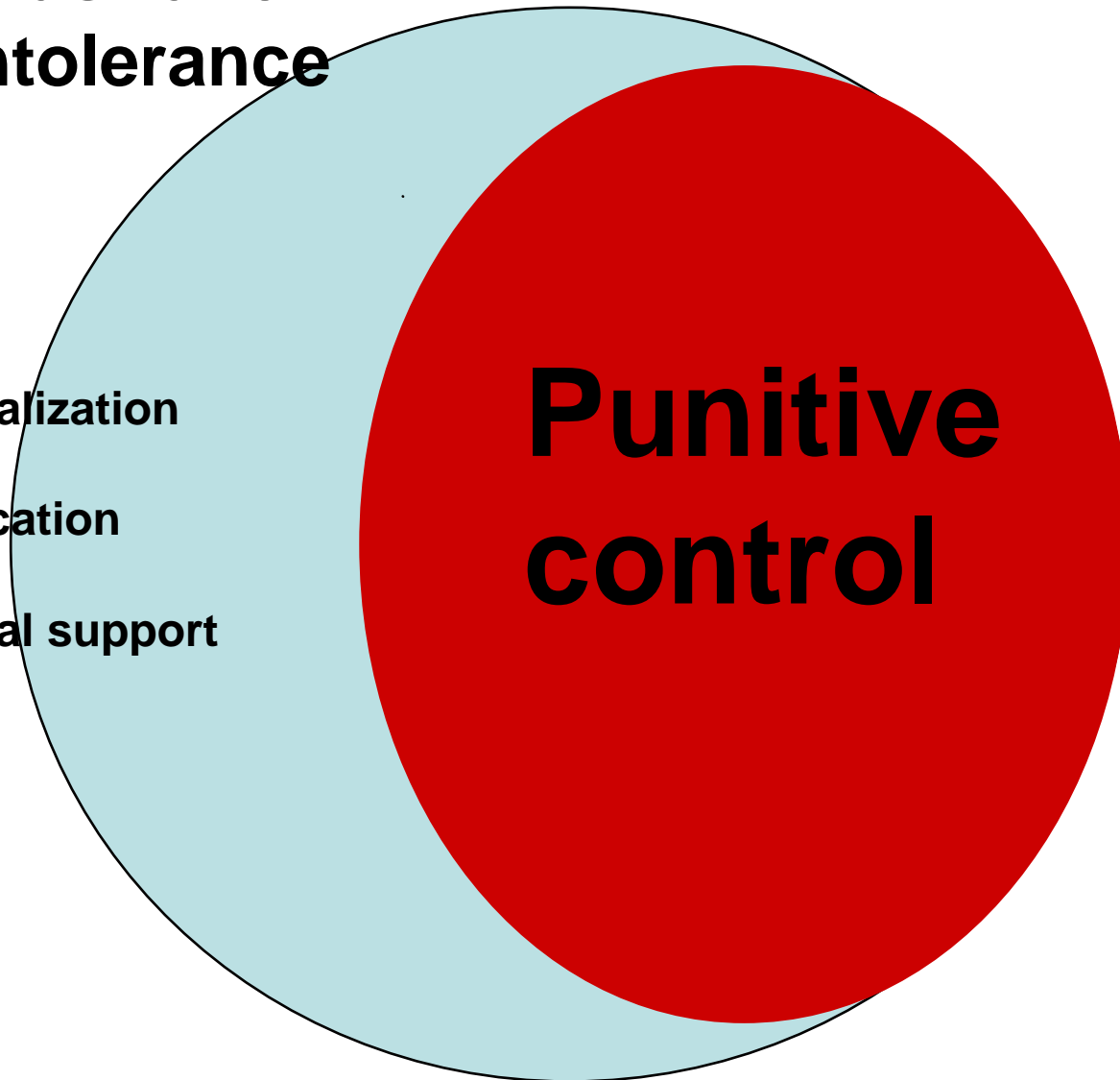
**Social support**

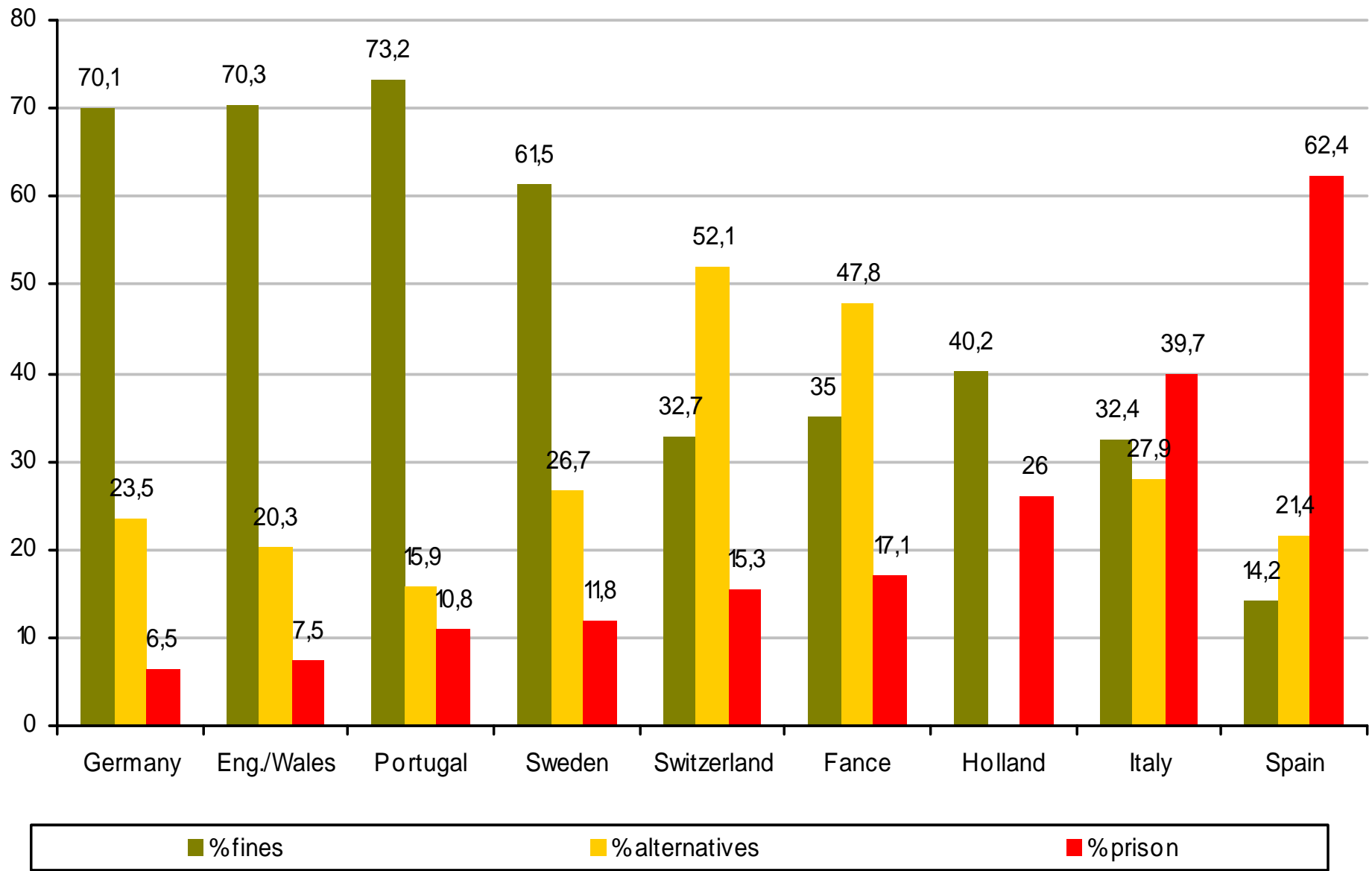
**Punitive  
control**

**More prison**

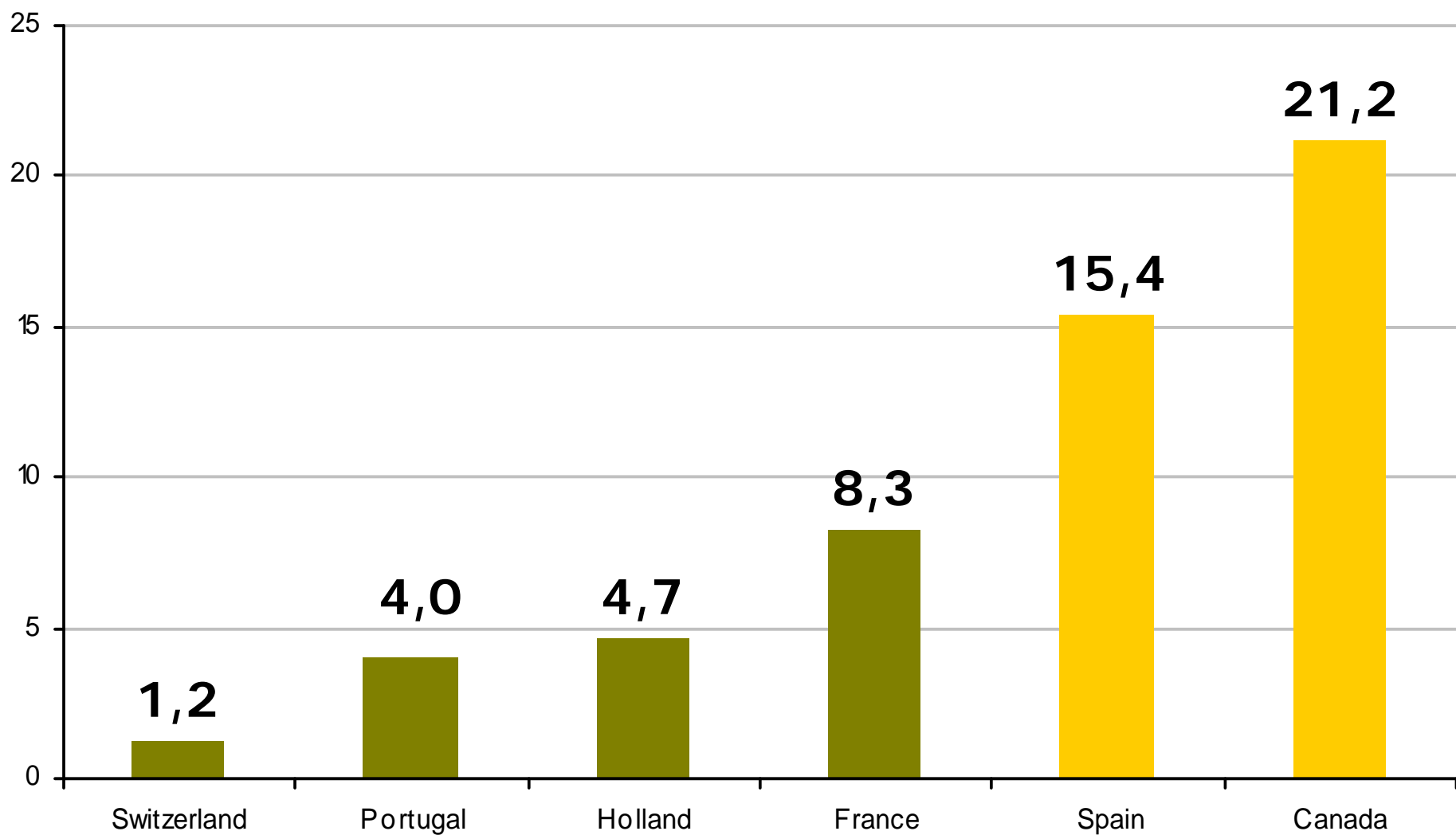
**+**

**More probation**





% of fines, alternatives and prison penalties (of total sentences) (1999)



Effective duration of prison penalties (in months) (2002-2004)

# Expansion of prison penalties

**-Prison overcrowding**

**-No concentration in risk cases**

**-Increase of general recidivism**

**-Costs (economical and social)**

**-Social and political decline**

## 2. Technical ingredients for individual risk reduction

### Supervision strategies:

Periodical contacts

Prosocial behaviour:

Modelling & shaping

Practicing

Rewarding

Antisocial behav. extinction

Cognitive confrontation and restructuring

Anger control

Implementation integrity:

-Frequency of contacts

-Intensity (100-300 h?)

-Therapeutic relation

-Motivation

-Congruence

-Structured direction

-Flexibility

-Training

-Staff skills



Objectives for change (dynamic risks):

Antisocial cognitions

Empathy

Social skills (self-control)

Drug-addictions

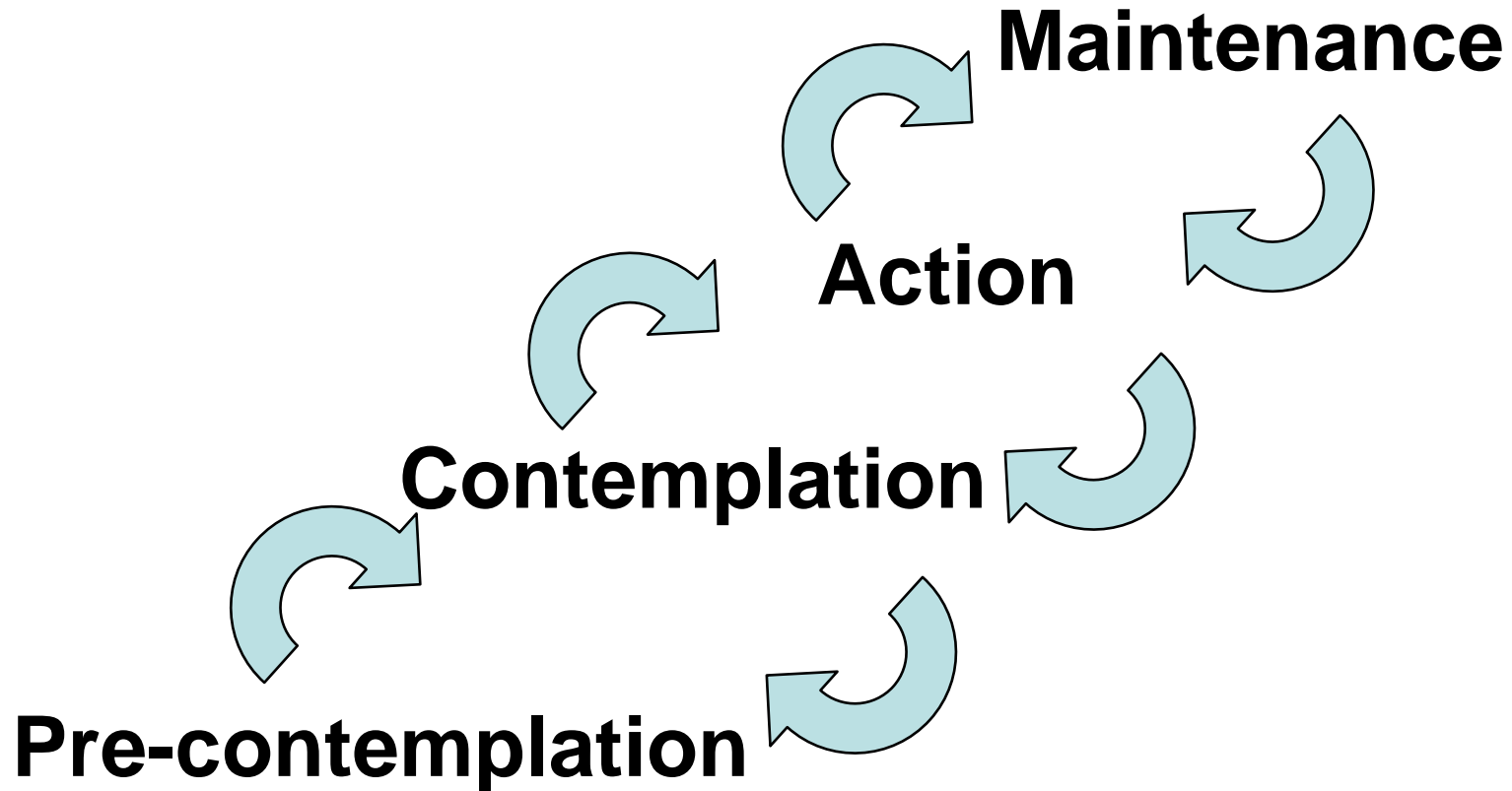
Delinquent networks/links

Relapse prevention

**“Criminogenic needs”**

# Antisocial behaviour change

(adapted from Prochaska & DiClemente, 1993)



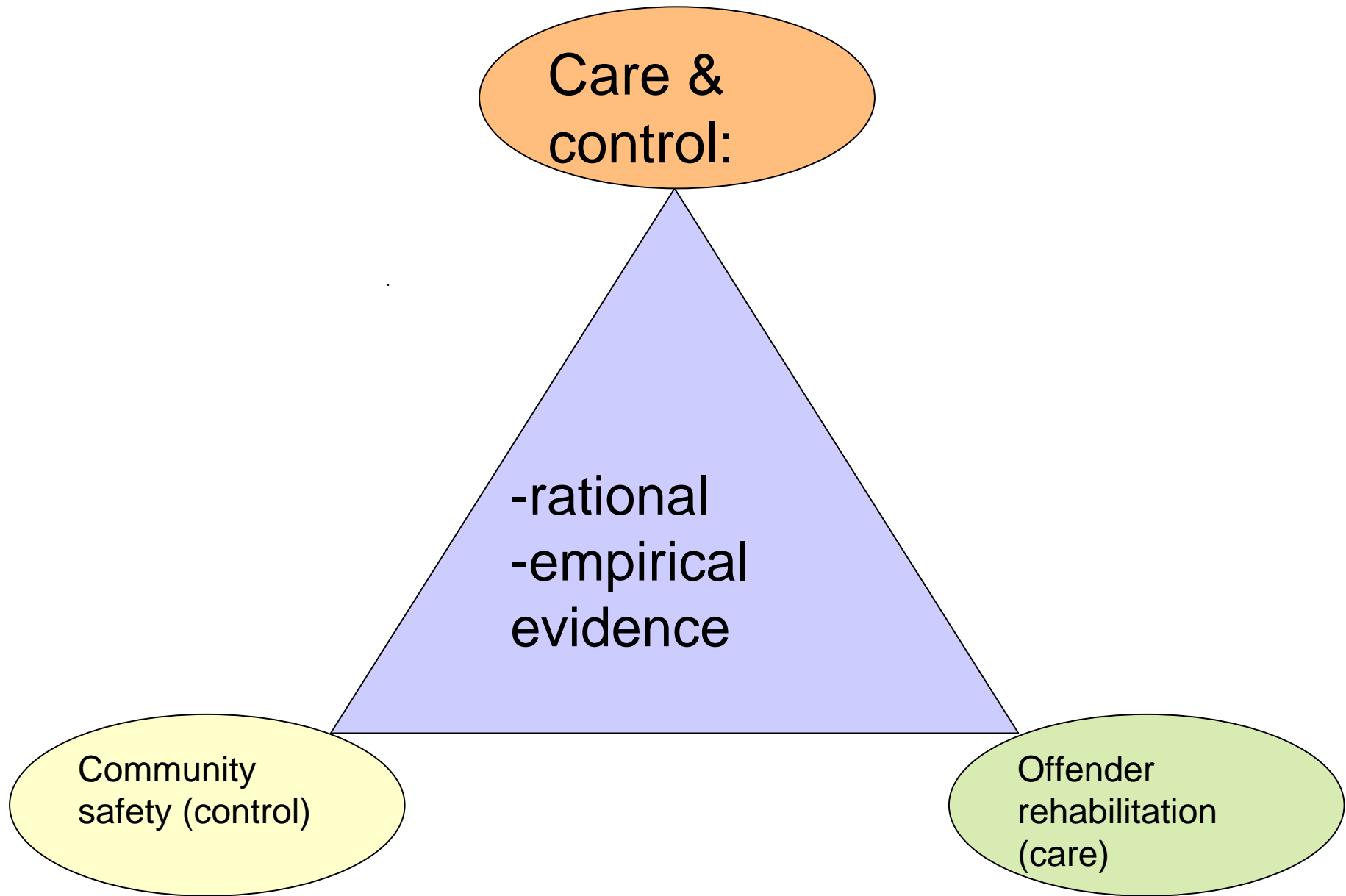
### 3. Risk assessment orientation: consequences

#### **POSITIVE:**

- Social protection
- Objectivity
- Matching risk-treatment

#### **NEGATIVE:**

- Not sensible to diverse human conditions
- Deskilling of practitioners
- Misuse by justice bureaucracy and media: punitive hardening
- Stigmatization and social exclusion



(Adapted from Klockars, 1972; Skkem & Manchak, 2008)

## 4. Promotion of alternatives: reasons



**-Criminological**

**-Economical**

**-Moral/civilization:**

Probation="moral significant activity"  
(Canton, 2007)